

## **Sports Medicine**

## Resource Sheet

### **Hybrid**

**General Resources:** 

**Video:** <a href="https://www.youtube.com/c/">https://www.youtube.com/c/</a>

BJSMVideos/featured

https://quizlet.com/59689586/sports-

medicine-hosa-flash-cards/

https://quizlet.com/71460278/sports-

medicine-vocab-flash-cards/

**General Resources:** 

https://www.coxhealth.com/services/ sports-medicine/sports-injury-prevention-

evaluation/

https://quizlet.com/71460202/sports-

medicine-hosa-flash-cards/

https://quizlet.com/subject/hosa-sports-

medicine/

Injury / Illness Prevention and Wellness Promotion (30%)

https://www.healthychildren.org/English/health-issues/injuries-emergencies/sports-injuries/Pages/Sports-Injuries-

Treatment.aspx\*

https://www.urmc.rochester.edu/encyclopedia/content.aspx?

contenttypeid=85&contentid=P00935

https://www.physio-pedia.com/
Injury Prevention in Sport\*

https://quizlet.com/256351201/boc-prep-injuryillness-prevention-and-wellness-

protection-flash-cards/

Assessment (30%)

Examination, Evaluation, and

https://www.ncbi.nlm.nih.gov/books/

NBK556111/

https://www.aafp.org/afp/2015/0901/

p371.html\*

**Therapeutic Intervention (16%)** 

https://quizlet.com/287095271/sportsmedicine-therapeutic-interventions-flash-

cards/\*

https://quizlet.com/222906603/boc-prep-therapeutic-intervention-flash-cards/

https://quizlet.com/333344499/domain-iv-therapeutic-intervention-flash-cards/

https://quizlet.com/289483147/compquiz-professional-developmenttherapeutic-intervention-flash-cards/

https://quizlet.com/472290573/bocdomain-4-flash-cards/\*

**Video:** <a href="https://www.youtube.com/watch?">https://www.youtube.com/watch?</a> v=PVvayf4y80M



# Examination, Evaluation, and Assessment cont.

http://downloads.lww.com/ wolterskluwer vitalstream com/samplecontent/9780781784450 Anderson/ samples/98853.Ch5.pdf

https://www.premierhealth.com/services/sports-medicine/evaluation-and-treatment\*

https://www.froedtert.com/sportsmedicine/diagnostics-treatment

http://www.midwayisd.org/cms/lib/ tx01000662/centricity/domain/187/ chapter 11 assessment and evaluation of sports injuries.ppt

**Video:** <a href="https://www.youtube.com/watch?">https://www.youtube.com/watch?</a> v=sPE D2UfxGw

#### **Immediate and Emergency Care (16%)**

https://quizlet.com/75480999/sportsmedicine-common-athletic-injuries-hosaflash-cards/

https://quizlet.com/subject/emergencysports-medicine/\*

https://www.aafp.org/dam/AAFP/documents/events/nc/handouts/nc17-sports.pdf\*

https://www.physio-pedia.com/images/ 9/93/Sports.pdf

**Video:** https://www.youtube.com/watch? v=X3iosb-BQ20\*

### Healthcare Administration and Professional Responsibilities (8%)

http://forms.acsm.org/TPC/PDFs/ 1%20Best.pdf\*

https://www.myplan.com/careers/sports-medicine-physicians/description-29-1069.11.html#:~:text=Sports%20Medicine%20Physicians%20%3A%3A%20Job%20Description&text=Diagnose%2C%20treat%2C%20and%20help%20prevent,athletic%20training%2C%20and%20physical%20activities.&text=Diagnose%20or%20treat%20disorders%20of,Diagnose%20medical%20conditions.

https://www.owlguru.com/career/sportsmedicine-physicians/job-description/

https://quizlet.com/natalienowickii\*